



Upcoming Continuum Movement classes this Sept/Oct. With Kathy Jennings in Minneapolis

Thursday Evening CM Series starts Sept 3rd

6:30-8:30pm

Sept. series: Sept 3, 10, 17, 24

Oct. series: Oct 1, 8, 15, 22

Each series: \$75

Tuesday Morning CM Series starts Sept 8th

9:30-11:30am

Sept. series: Sept. 8, 15, 22, 29

Oct. series: Oct. 6, 13, 20, 27

Each series: \$75

"Daylong Immersion CM Workshop"

Friday Sept 25th 9:30-3:30pm \$65

Friday Oct 30th 9:30-3:30pm \$65

"Transforming Shame Workshop"

Institute for Health and Healing

At Abbott Northwestern Hospital

Oct. 3rd 11-5pm

Flier posted: www.KathyJennings.com

Registration directly to Abbott: 612.863.3333

All Classes and Daylong Immersions are held in my home space in Minneapolis

To register: email or call Kathy at 612.702.2832

www.KathyJennings.com